



Event Itinerary

- **Event Name:** Kheerganga Trek 2D/1N
- **Location:** Kangra, Himachal Pradesh Kheerganga Trek
- **Duration:** 2 Days 1 Night

Day 0: Depart from Bangalore

Depart from Bangalore

Day 1: Kasol to Kheerganga – Into the Parvati Valley

- Begin the day in Kasol and drive towards Barshaini, the gateway to the Kheerganga trail.
- Enjoy a scenic 16 km drive through the beautiful Parvati Valley, surrounded by forests and mountain villages.
- Arrive at Barshaini and prepare for the trek through the Himalayan wilderness.
- Follow the trail through dense pine forests, wooden bridges, streams, and refreshing waterfalls.
- Pass through the traditional villages of Kalga and Pulga, offering a glimpse into the local Himachali way of life.
- Take a short break near the picturesque Rudra Nag Waterfall before continuing uphill.

- Continue towards Kheerganga through peaceful forest trails and scenic mountain landscapes.
- Reach Kheerganga, located at approximately 2,950 metres, after a rewarding uphill hike.
- Relax at the campsite and enjoy the serene surroundings of the Parvati Valley.
- Experience the famous natural hot springs, subject to local conditions and accessibility.

Day 2: Kheerganga to Kasol – Descend Through the Parvati Valley

- Wake up to the peaceful Himalayan surroundings and enjoy breakfast at the campsite.
- Begin the descent from Kheerganga towards Barshaini through beautiful forest trails.
- Walk past cascading streams, pine forests, and scenic valley views along the way.
- Reach Barshaini after approximately 2–3 hours of downhill trekking.
- Take some time to relax and explore the surroundings before continuing the journey.
- Optional visit to Rudra Nag Waterfall, depending on time and trail conditions.
- From Barshaini, board a local taxi/shared vehicle for the 16 km drive back to Kasol.
- Arrive in Kasol and unwind after completing the Kheerganga adventure.
- Explore the lively cafés, local markets, and peaceful riverside surroundings of Kasol.
- End the trek with memorable views and experiences from the beautiful Parvati Valley.

Pickup Location

- **RR Nagar Gopalan Arcade** - 12:00 PM

Contact Information

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