Event Itinerary

- **Event Name:** Annapurna Himalayan Escape 15D/14N
- **Location:** Annapurna Himalayan
- **Duration:** 15 Days 14 Night

Day 1: Welcome to Kathmandu

Day 1 – Gateway to the Himalayas

Arrival at Tribhuvan International Airport (TIA)

- Welcome by our representative upon arrival in Kathmandu.

Transfer to Hotel

- Transfer to the hotel by vehicle, approximately 20–30 minutes.

Check-in & Relaxation

- Check in to your hotel, settle in and relax after your journey.

Welcome Dinner & Trip Briefing

- Enjoy a welcome dinner followed by a trip briefing covering the upcoming journey, itinerary and important trekking information.

Included Meal: Dinner

Day 2: Exploring the Heart of Nepal

Kathmandu – Heritage & Cultural Experience

Breakfast

- Enjoy an early morning breakfast at your accommodation.

Pashupatinath Temple

- Visit the sacred Pashupatinath Temple, one of Nepal's most revered Hindu temples dedicated to Lord Shiva.
- Explore the spiritual surroundings along the banks of the Bagmati River.

Boudhanath Stupa

- Visit the magnificent Boudhanath Stupa, one of the largest Buddhist stupas in Nepal.
- Experience its peaceful atmosphere and observe traditional Buddhist rituals.

Swayambhunath Stupa – Monkey Temple

- Climb the historic hilltop to Swayambhunath.
- Enjoy spectacular panoramic views across Kathmandu Valley.

Kathmandu Durbar Square

- Explore this UNESCO World Heritage Site, known for its rich history and traditional architecture.
- Admire intricate Newari wood carvings and historic palaces dating back to the Malla era.
- Experience the vibrant local culture and explore traditional Newari cuisine.

Evening

- Return to the hotel and relax after a full day of sightseeing.
- Prepare for the upcoming Annapurna Base Camp adventure.

Day 3: Gateway to the Annapurna – Kathmandu to Pokhara

Journey Towards the Himalayas – Kathmandu to Pokhara

Morning Departure

- Enjoy breakfast at the hotel before beginning your journey from Kathmandu to Pokhara.

- Depart for the scenic drive towards the beautiful lakeside city of Pokhara.

Scenic Himalayan Drive

- Travel along the picturesque Trishuli River, passing through lush valleys, green hills and charming mountain settlements.
- Enjoy the changing landscapes as you make your way towards the Annapurna region.

Arrival in Pokhara

- Arrive in Pokhara and check in to your hotel.
- Take some time to freshen up and relax after the journey.

Phewa Lake Experience

- Visit the beautiful Phewa Lake and enjoy a relaxing walk along the lakeside.
- Experience a peaceful boat ride while taking in the surrounding Himalayan scenery.

Mountain Views

- Admire spectacular views of the **Annapurna and Dhaulagiri ranges** from Pokhara.

- Enjoy the serene atmosphere of this scenic Himalayan city.

Evening at Leisure

- Spend the evening exploring the vibrant lakeside area or relaxing at the hotel.
- Overnight stay in Pokhara.

Included Meals

- Breakfast
- Lunch
- Dinner

Day 4: Into the Annapurna Trails – Nayapul to Tikhedhunga

The Himalayan Trail Begins – Nayapul to Tikhedhunga

Morning Departure

- Enjoy breakfast before departing for Nayapul.
- Drive for approximately 1 hour to reach Nayapul, the starting point of the trek.

Trek Begins

- Begin your Himalayan adventure from Nayapul.
- Cross a suspension bridge and follow the scenic mountain trail through lush green forests and traditional hillside villages.

Scenic Trail & Lunch

- Trek through peaceful landscapes surrounded by greenery and mountain scenery.
- Stop at a local restaurant along the trail for lunch.

Birethanti & Bhurungdi River Trail

- Continue the trek through Birethanti and cross the bridge.
- Walk alongside the **Bhurungdi River**, passing beautiful waterfalls and enjoying the refreshing sounds of nature.
- Gradually ascend through the Annapurna foothills towards Tikhedhunga.

Arrival at Tikhedhunga

- Reach **Tikhedhunga at approximately 1,540 metres (5,053 feet)**.
- Check in at the teahouse and relax after the day's trek.

- Enjoy the peaceful mountain surroundings and prepare for the next day's adventure.

Included Meals

- Breakfast
- Lunch
- Dinner

Day 5: Into the High Himalayas – Tikhedhunga to Ghorepani

Ascending Through the Annapurna Foothills – Tikhedhunga to Ghorepani

Morning Breakfast

- Enjoy a hearty breakfast at the teahouse before beginning the day's trek.
- Prepare for a challenging but rewarding ascent towards Ghorepani.

Ulleri Ascent

- Begin the trek with a steep climb through the famous stone steps of **Ulleri**.

- Navigate thousands of steps while gradually gaining altitude through the Annapurna foothills.

Rhododendron Forest Trail

- Continue through beautiful rhododendron forests and peaceful mountain trails.
- Cross small streams and brooks while enjoying the refreshing natural surroundings.

Scenic Mountain Views

- Take regular breaks to admire the surrounding hills, forests and cascading streams.
- As you gain elevation, the Himalayan landscape becomes increasingly spectacular.

Arrival at Ghorepani

- Reach **Ghorepani at approximately 2,860 metres (9,384 feet)**.
- Check in at the teahouse and relax after approximately **6–7 hours of trekking**.
- Ghorepani is a beautiful mountain settlement and an important stop along the Annapurna trekking route.

Himalayan Panorama

- From Ghorepani, enjoy spectacular views of **Annapurna South, Nilgiri and Dhaulagiri**.

- Experience the magical mountain atmosphere as the changing light illuminates the surrounding peaks.

Overnight Stay

- Enjoy a comfortable overnight stay at Ghorepani and prepare for the next day's Himalayan adventure.

Included Meals

- Breakfast

- Lunch

- Dinner

Day 6: The Trail to Tadapani

Through the Himalayan Forests – Ghorepani to Tadapani

Early Morning – Poon Hill Sunrise

- Wake up early and prepare for an unforgettable sunrise experience at **Poon Hill**.

- Begin the short hike from Ghorepani through beautiful rhododendron forests.
- Reach the **Poon Hill viewpoint** in approximately one hour.

Sunrise at Poon Hill

- Witness the first rays of sunlight illuminating the magnificent **Annapurna and Dhaulagiri ranges**.
- Enjoy spectacular panoramic views of the surrounding Himalayan peaks.
- On clear days, views extend towards **Pokhara** in the southeast and **Mustang** to the north.
- Capture unforgettable photographs of the Himalayan sunrise before descending back to Ghorepani.

Breakfast & Refreshment

- Return to the teahouse for a hearty breakfast.
- Take some time to rest and prepare for the next section of the trek.

Trek Towards Tadapani

- Continue along scenic mountain trails through dense rhododendron and oak forests.

- Cross small rivers, streams and rivulets along the way.
- Enjoy the peaceful surroundings and changing landscapes as you gradually make your way towards Tadapani.

Arrival at Tadapani

- Reach the beautiful mountain settlement of **Tadapani at approximately 2,630 metres (8,629 feet)**.
- Check in at the teahouse and relax after the day's trek.
- Enjoy the serene Himalayan atmosphere and surrounding mountain views.

Overnight Stay

- Overnight stay at Tadapani.

Included Meals

- Breakfast
- Lunch
- Dinner

Day 7: Descending Through the Annapurna Foothills

Towards the Annapurna Sanctuary – Tadapani to Chhomrong

Morning Breakfast

- Enjoy a hearty breakfast at the teahouse before beginning the day's hike.
- Get ready for another scenic journey through the Annapurna foothills.

Start of the Hike

- Begin your trek from Tadapani and follow the beautiful mountain trails towards Chhomrong.
- Descend and ascend through peaceful forest paths surrounded by lush greenery.

Scenic Forest Trails

- Cross small rivers, streams and rivulets along the route.
- Walk through dense forests filled with colourful birds, blooming flowers and diverse Himalayan wildlife.
- Keep an eye out for monkeys and langurs that may appear along the trail.

Arrival at Chhomrong

- Reach **Chhomrong**, a picturesque Gurung village situated in the Annapurna region.
- Enjoy spectacular views of the surrounding mountains and deep valleys.

Explore Chhomrong

- Take some time to explore the traditional Gurung settlement and experience the local mountain lifestyle.
- Chhomrong is an important stop on the route towards the **Annapurna Sanctuary**.

Evening Relaxation

- Check in at the teahouse and relax after the day's hike.
- Enjoy the peaceful Himalayan surroundings and prepare for the next stage of your adventure.

Overnight Stay

- Overnight stay at Chhomrong.

Included Meals

- Breakfast
- Lunch

- Dinner

Day 8: Chhomrong to Bamboo Trek

Morning Breakfast

- Enjoy breakfast at the teahouse before beginning the day's trek.
- Prepare for a scenic journey deeper into the Annapurna Sanctuary.

Trail Towards Bamboo

- Descend through stone-paved trails and beautiful mountain forests.
- Follow the trail through dense rhododendron, oak and bamboo forests.

Scenic Himalayan Landscapes

- Cross small bridges and streams along the route.
- Enjoy spectacular views of the surrounding valleys and forest-covered mountains.
- Keep an eye out for colourful Himalayan birds and local wildlife.

Arrival at Bamboo

- Reach **Bamboo**, a peaceful settlement surrounded by dense forests.
- Check in at the teahouse and relax after the day's trek.

Overnight Stay

- Overnight stay at Bamboo.

Included Meals

- Breakfast, Lunch & Dinner

Day 9: Bamboo to Deurali Trek

Morning Departure

- Enjoy breakfast before starting the trek towards Deurali.
- Continue through the beautiful forests of the Annapurna region.

Forest Trail

- Follow the Modi Khola valley through dense bamboo, rhododendron and oak forests.
- Cross streams and small wooden bridges along the route.

Towards Higher Altitude

- As you gain elevation, the landscape gradually changes from dense forest to rugged Himalayan terrain.
- Enjoy spectacular views of waterfalls, cliffs and surrounding mountain peaks.

Arrival at Deurali

- Reach **Deurali**, an important stop on the route to Annapurna Base Camp.
- Rest at the teahouse and prepare for the high-altitude trek ahead.

Overnight Stay

- Overnight stay at Deurali.

Included Meals

- Breakfast, Lunch & Dinner

Day 10: Deurali to Annapurna Base Camp

Early Morning Start

- Enjoy an early breakfast and begin the trek towards the ultimate destination, **Annapurna Base Camp**.
- Follow the trail deeper into the spectacular Annapurna Sanctuary.

Journey Through the Sanctuary

- Trek through rugged Himalayan landscapes surrounded by towering snow-covered peaks.
- Pass through **Machapuchare Base Camp (MBC)** and take time to admire the incredible mountain scenery.

Annapurna Sanctuary

- Continue along the mountain trail as the valley opens into the magnificent Annapurna Sanctuary.
- Witness breathtaking views of Annapurna South, Annapurna I, Hiunchuli, Machapuchare and surrounding peaks.

Arrival at Annapurna Base Camp

- Reach **Annapurna Base Camp at approximately 4,130 metres**.
- Celebrate the achievement of reaching one of Nepal's most iconic Himalayan destinations.
- Take in the spectacular 360-degree mountain panorama and capture unforgettable photographs.

Sunset & Mountain Views

- Enjoy the peaceful atmosphere of the base camp as the surrounding peaks change colour with the setting sun.

Overnight Stay

- Overnight stay at Annapurna Base Camp.

Included Meals

- Breakfast, Lunch & Dinner

Day 11: Annapurna Base Camp to Bamboo

Early Morning at ABC

- Wake up early to witness the magnificent Himalayan sunrise from Annapurna Base Camp.
- Enjoy breathtaking views of the surrounding snow-covered peaks.

Breakfast & Descent

- Have breakfast before beginning the descent towards Bamboo.
- Retrace the trail through the Annapurna Sanctuary and Machapuchare Base Camp.

Through the Himalayan Forests

- Descend gradually through Deurali and continue towards the lower forest region.
- Enjoy the changing scenery as the rugged landscape gives way to lush greenery.

Arrival at Bamboo

- Reach Bamboo and check in at the teahouse.
- Relax and recover after a long day of descending.

Overnight Stay

- Overnight stay at Bamboo.

Included Meals

- Breakfast, Lunch & Dinner

Day 12: Bamboo to Jhinu Danda Trek

Morning Breakfast

- Enjoy breakfast at the teahouse before starting the trek towards Jhinu Danda.

Trek Through the Forests

- Continue along scenic forest trails and cross streams and suspension bridges.
- Enjoy the peaceful surroundings and beautiful views of the Annapurna foothills.

Journey Towards Jhinu Danda

- Gradually descend through the mountain landscape towards the village of Jhinu Danda.
- Experience the traditional lifestyle and warm hospitality of the local communities.

Jhinu Hot Springs

- After reaching Jhinu Danda, relax and, if time permits, visit the famous natural hot springs.
- Enjoy a refreshing soak in the warm mineral-rich waters surrounded by the Himalayan landscape.

Overnight Stay

- Overnight stay at Jhinu Danda.

Included Meals

- Breakfast, Lunch & Dinner

Day 13: Jhinu Danda to Pokhara Trek

Morning Departure

- Enjoy breakfast before beginning the final trekking section of the Annapurna journey.

Final Himalayan Trail

- Follow the scenic trail through traditional villages, terraced fields and lush green hills.
- Take in the final views of the magnificent Annapurna landscape.

Arrival at the Roadhead

- Complete the trek and transfer by vehicle towards Pokhara.
- Enjoy the changing scenery as you leave the mountain trails behind.

Arrival in Pokhara

- Check in at the hotel and relax after completing the Annapurna Base Camp Trek.
- Spend the evening at leisure, explore the lakeside area or simply unwind.

Celebration & Relaxation

- Celebrate the successful completion of your Himalayan adventure.

Overnight Stay

- Overnight stay in Pokhara.

Included Meals

- Breakfast, Lunch & Dinner

Day 14: Pokhara to Kathmandu Flight

Morning Breakfast

- Enjoy breakfast at the hotel and prepare for your journey back to Kathmandu.

Flight to Kathmandu

- Transfer to Pokhara Airport for your flight to Kathmandu.
- Enjoy spectacular aerial views of the Himalayan landscapes during the flight.

Arrival in Kathmandu

- Arrive in Kathmandu and transfer to the hotel.
- Check in and relax after the journey.

Free Time

- Spend the rest of the day at leisure.
- Explore local markets, souvenir shops or the vibrant streets of Thamel.

Farewell Evening

- Enjoy your final evening in Nepal and reminisce about your Annapurna adventure.

Overnight Stay

- Overnight stay in Kathmandu.

Included Meals

- Breakfast, Lunch & Dinner

Day 15: Departure to Airport

Breakfast & Check-out

- Enjoy breakfast at the hotel and complete the check-out formalities.

Transfer to Airport

- Our representative will assist you with the transfer to **Tribhuvan International Airport** according to your flight schedule.

End of the Journey

- Bid farewell to Nepal with unforgettable memories of the **Annapurna Base Camp Trek**, Himalayan landscapes, mountain villages and incredible trekking experiences.

Included Meal

- Breakfast

Pickup Location

- **Kathmandu air port** - 9:00 AM

Contact Information

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