



Event Itinerary

- **Event Name:** Milam Glacier Trek 9D/8N
- **Location:** Kumaon, Uttarakhand
- **Duration:** 9 Days 8 Night

Day 0: Depart from Bangalore

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Day 1: Kathgodam to Munsiyari | Scenic Mountain Drive

Kathgodam – Almora – Munsiyari

- **Meet the Namma Trip team at Kathgodam Railway Station** and begin the journey towards the mountains.
- Set out on a scenic **300 km drive**, taking approximately **8–9 hours**, through the beautiful Kumaon hills.
- Pass through charming hill towns such as **Almora**, enjoying changing landscapes, winding mountain roads, and panoramic valley views.
- Continue towards **Munsiyari**, the gateway to the spectacular Johar Valley and the Milam Glacier region.
- **Arrive in Munsiyari and check into the hotel**, followed by a relaxing evening.

- Enjoy a comfortable **overnight stay at the hotel in Munsiyari** and prepare for the trek ahead.

Day 2: Munsiyari to Lila/Rargadi & Trek to Bugdiar

Drive to the Trailhead & Trek Through the Johar Valley

- **After breakfast, drive from Munsiyari to Lila/Rargadi**, the starting point of today's trekking section.
- Begin the **12 km trek towards Bugdiar**, following the trail through dense forests and beautiful Himalayan landscapes.
- Walk alongside the **Gori Ganga River**, enjoying the changing scenery as the trail gradually enters the remote Johar Valley.
- Cross the river and continue through **open meadows, forested stretches, and rugged mountain terrain**.
- Take in the peaceful surroundings and spectacular views of the valley as you make your way towards Bugdiar.
- **Reach Bugdiar and settle into the campsite**, surrounded by the quiet Himalayan wilderness.
- Enjoy a warm meal, relax after the day's trek, and **spend the night camping at Bugdiar**.

Day 3: Bugdiar to Martoli | 14 km Trek

Bugdiar – Railkot – Martoli

- **Start the trek from Bugdiar at around 2,500 m**, following the trail deeper into the remote Johar Valley.
- Trek approximately **14 km** through narrow gorges, rugged paths, and spectacular Himalayan surroundings.
- Continue towards **Railkot**, located along the edge of the beautiful **Lwan Gad Valley**.

- Take a short break at Railkot and enjoy the peaceful mountain scenery before continuing towards Martoli.
- Follow the trail through changing landscapes, with dramatic cliffs, valleys, and snow-covered peaks appearing along the route.
- **Reach the picturesque village of Martoli at around 3,430 m**, known for its stunning views and traditional Himalayan setting.
- Settle into the campsite, enjoy a warm meal, and **relax after the day's long trek**.
- **Overnight stay in camping at Martoli.**

Day 4: Martoli to Milam Village | 11 km Trek

Martoli – Burphu Village – Milam Village

- **Begin the trek from Martoli at around 3,430 m**, continuing deeper into the spectacular Johar Valley.
- Cover approximately **11 km**, following scenic mountain trails surrounded by rugged cliffs and Himalayan landscapes.
- **Cross bridges over the Lwan Gad and Gori Ganga Rivers**, adding an adventurous element to the day's journey.
- Pass through **Burphu Village**, where traditional stone houses and the quiet mountain setting offer a glimpse into the region's heritage.
- Continue along the trail towards **Milam Village**, one of the historic settlements of the Johar Valley.
- **Reach Milam Village at approximately 3,450 m**, once an important Indo-Tibetan trade centre.
- Explore the surroundings and experience the unique atmosphere of this remote Himalayan village.
- **Settle into the campsite, enjoy dinner, and spend the night camping in Milam Village.**

Day 5: Milam Village to Milam Glacier & Back | 6 km Trek

Milam Glacier Excursion

- **Start early from Milam Village** and begin the trek towards the magnificent Milam Glacier.
- Follow the trail through the rugged high-altitude landscape, with dramatic valleys and snow-covered mountains surrounding you.
- As you approach the glacier, enjoy spectacular views of prominent Himalayan peaks including **Rishi Parvat (6,692 m), Hardeol (7,151 m), and Tirsuli (7,074 m)**.
- **Spend some time at Milam Glacier**, taking in the vast glacial landscape and capturing unforgettable moments.
- After exploring the glacier, **begin the return trek to Milam Village**, following the same scenic route.
- Reach the village, relax at the campsite, and enjoy a **warm dinner after the day's adventure**.
- **Overnight stay in camping at Milam Village.**

Day 6: Milam Village to Railkot | 17 km Trek

Retrace the Trail Through the Johar Valley

- **After breakfast, begin the return trek from Milam Village towards Railkot**, retracing the scenic trail through the Johar Valley.
- Cover approximately **17 km**, passing through rugged mountain paths, deep valleys, and spectacular Himalayan surroundings.
- Enjoy the changing landscapes as you gradually **descend towards lower altitudes**.
- Take breaks along the way to appreciate the peaceful wilderness and dramatic mountain views.

- **Reach Railkot and settle into the campsite** after completing the long trekking day.
- Relax, enjoy a **warm dinner**, and recharge for the journey ahead.
- **Overnight stay in camping at Railkot.**

Day 7: Railkot to Bugdiar | 12 km Trek

Descend Through the Nahar Devi Gorge

- **Begin the day's trek from Railkot towards Bugdiar**, following the trail deeper through the scenic Himalayan landscape.
- Cover approximately **12 km**, gradually descending along rugged mountain paths.
- Trek through the dramatic **Nahar Devi narrow gorge**, surrounded by towering cliffs and beautiful valley scenery.
- Enjoy the peaceful surroundings as you make your way through the remote sections of the Johar Valley.
- **Reach Bugdiar and settle into the campsite** after completing the day's trek.
- Relax, enjoy a **hot and wholesome dinner**, and recharge for the final trekking section.
- **Overnight stay in camping at Bugdiar.**

Day 8: Bugdiar to Lilaam/Rargadi & Drive to Munsiyari

Final Trek & Return to Munsiyari

- **After breakfast, begin the final trekking section from Bugdiar towards Lilaam/Rargadi.**
- Cover approximately **12 km downhill**, passing through lush forests, open meadows, and beautiful Himalayan surroundings.

- Enjoy the peaceful trail as you gradually make your way back towards the trek's starting point.
- **Reach Lila/Rargadi and board the vehicle for a drive back to Munsiyari.**
- Arrive in Munsiyari and check into the **rest house**, giving yourself time to relax after the trek.
- Refresh yourself with a **well-deserved hot water bath** and unwind after several days in the mountains.
- Enjoy a comfortable evening and **overnight stay at the rest house in Munsiyari.**

Day 9: Munsiyari to Kathgodam | Departure

Farewell to the Himalayas

- **After breakfast, check out from your accommodation in Munsiyari** and begin the drive towards Kathgodam.
- Enjoy a scenic journey through the **winding mountain roads and picturesque Kumaon landscapes** as you gradually descend to the plains.
- Take in the final views of the Himalayan valleys and surrounding peaks along the way.
- **Arrive at Kathgodam** and conclude your Milam Glacier adventure with Namma Trip.
- Proceed with your **onward journey**, carrying unforgettable memories of the Johar Valley and Milam Glacier Trek.

Pickup Location

- **RR Nagar Gopalan Arcade - 12:00 PM**

Contact Information

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