



Event Itinerary

- **Event Name:** Nubra valley Trek 6D/5N
- **Location:** Leh, Ladakh Nubra valley Trek
- **Duration:** 6 Days 5 Night

Day 0: Depart from Bangalore

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Day 1: Leh to Nubra Valley

Cross Khardung La and Explore the Nubra Region

- **Begin your journey from Leh towards the spectacular Nubra Valley**, passing through some of Ladakh's most dramatic mountain landscapes.
- **Cross Khardung La**, one of the highest motorable mountain passes, and enjoy panoramic views of the surrounding Himalayan ranges.
- **Continue towards Nubra Valley**, with scenic views of rugged mountains, Saser Peak, and the vast valley landscapes.
- **Visit Sumur Monastery** and experience the peaceful atmosphere and rich Buddhist heritage of the region.

- **Proceed towards Disket** and explore the historic Disket Monastery, famous for its impressive Maitreya Buddha statue overlooking the valley.
- **Continue to Hundar**, known for its unique desert landscape and traditional Ladakhi surroundings.
- **Visit Hundar Monastery** and spend some time exploring the tranquil surroundings.
- **Return to the campsite in Hundar**, relax after the journey, and enjoy a peaceful evening in the Nubra Valley.
- **Overnight stay at Hundar.**

Day 2: Hundar to Wachan

Trek Along the Hundar River to Wachan

- **Begin the trek from Hundar** and follow the trail alongside the gentle flow of the Hundar River through the narrow valley.
- **Gradually ascend through a winding mountain trail**, enjoying changing views of the rugged Nubra landscape.
- **Pass through remote settlements and green cultivated fields**, offering a glimpse into the traditional lifestyle of the valley.
- **Continue towards Wachan**, a quiet mountain village surrounded by beautiful Himalayan terrain.
- **Reach Wachan and settle into the campsite** near the village fields.
- **Relax and unwind after the day's trek**, taking in the peaceful surroundings.
- **Overnight camping at Wachan.**

Day 3: Wachan to Sarathang

Trek Through Remote Valleys to Sarathang

- **Leave Wachan in the morning** and begin the trek towards Sarathang, with approximately 6–7 hours of walking ahead.
- **Follow the gradually rising trail** and cross the Hunda River over a bridge while enjoying the surrounding mountain scenery.
- **Pass traditional Hundar dok huts** along the route, offering a glimpse into the region's traditional pastoral lifestyle.
- **Walk through open grazing areas** where sheep, yaks, and goats can often be seen roaming across the landscape.
- **Continue along the mountain trail towards Sarathang**, taking in the peaceful surroundings and expansive valley views.
- **Arrive at Sarathang and set up camp**, then relax and recover after the day's trek.
- **Enjoy a quiet evening surrounded by the Himalayan wilderness.**
- **Overnight camping at Sarathang.**

Day 4: Sarathang to Muru Dok via Lasarmola Pass

Cross Lasarmola Pass at 5,330 m

- **Start the day after breakfast** and follow the ascending trail from Sarathang towards the glacier.
- **Tackle the rugged rocky terrain and steep sections** as the trail gradually climbs towards the high-altitude Lasarmola Pass.
- **Reach Lasarmola Pass at 5,330 metres**, one of the most challenging sections of the trek, and take in the spectacular mountain panorama.
- **Continue towards the glacier** and enjoy dramatic views of the surrounding peaks, including the majestic Stok Kangri massif.

- **Begin the long descent towards Muru Dok**, following the trail through remote and rugged Himalayan terrain.
- **Reach Muru Dok**, a scenic campsite located between two pristine rivers.
- **Set up camp and relax** after the demanding day's trek while enjoying the untouched wilderness.
- **Overnight camping at Muru Dok.**

Day 5: Muru Dok to Thachungtse

Trek Through the Markha Valley

- **Leave Muru Dok and follow the scenic trail through the Markha Valley**, with around 5–6 hours of trekking ahead.
- **Pass historic remains and traditional stone mills**, along with the striking Techa Monastery perched dramatically on the mountainside.
- **Cross several mountain streams** as the trail winds deeper into the remote valley.
- **Continue beyond Umlung village** and catch your first impressive views of **Mount Kang Yatse**, which remains a striking presence along the route towards Kongmaru La.
- **Reach Hangkar, the last village of the Markha Valley**, and take a well-earned lunch break while enjoying the peaceful surroundings.
- **Resume the trek towards Thachungtse**, walking through the rugged yet beautiful high-altitude landscape.
- **Arrive at Thachungtse and set up camp**, then relax and recover after the day's trek.
- **Overnight camping at Thachungtse.**

Day 6: Thachungtse to Leh

Cross Gyamtsa La and Return to Leh

- **Begin the final day's trek from Thachungtse**, following the river trail before crossing the waterway at a suitable point.
- **Gradually climb towards Gyamtsa La**, reaching an altitude of approximately **4,200 metres**.
- **Take a moment at the pass to admire the sweeping views** of the surrounding valleys and rugged Himalayan mountains.
- **Descend from Gyamtsa La through the scenic mountain terrain**, following the trail towards Gyamtsa.
- **Reach Gyamtsa and continue the onward journey to Leh**, bringing the trekking expedition to an end.
- **Arrive in Leh and unwind after the challenging adventure**, carrying unforgettable memories of the Nubra Valley and Ladakh Himalayas.

Pickup Location

- **RR Nagar Gopalan Arcade - 12:00 PM**

Contact Information

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