



Event Itinerary

- **Event Name:** Darcha Padum Trek 9D/8N
- **Location:** Darcha Padum Trek
- **Duration:** 9 Days 8 Night

Day 1: Through Rohtang to Sissu

- Begin the journey from **Manali to Sissu** via the scenic Rohtang Pass.
- Travel through winding mountain roads surrounded by lush valleys and snow-covered peaks.
- Admire the pristine beauty of **Sorang Nalla** along the route.
- Reach the peaceful Sissu campsite in the Lahaul Valley.
- Spend the evening resting and acclimatizing before the trek ahead.

Day 2: Ascending into the High Himalayas

- Drive from **Sissu to Chumik Nakpo**, located at an altitude of **4,640 metres**.
- Pass through the spectacular landscapes of Lahaul and Spiti.
- Drive past apple and potato orchards along the mountain route.
- Cross **Keylong and Jispa**, enjoying their scenic surroundings and local character.
- Arrive at Chumik Nakpo and spend the evening acclimatizing to the increasing altitude.

Day 3: Acclimatization at Chumik Nakpo

- Spend the day at **Chumik Nakpo** to help your body adjust to the high altitude.
- Explore the surrounding Himalayan landscape and nearby glacial streams.
- Relax at the campsite and prepare for the demanding trail ahead.
- Enjoy the peaceful mountain atmosphere away from busy settlements.
- Witness a clear Himalayan night filled with stars.

Day 4: Conquering Shingo La Pass

- Begin an early morning trek towards **Shingo La Pass at 5,090 metres**.
- Take on the steep ascent through challenging high-altitude terrain.
- Witness impressive glacier views and colorful prayer flags at the pass.
- Experience the thrill of crossing one of the major high passes on the route.
- Descend gradually towards **Lakhang at 4,470 metres**.
- Settle into the campsite and recover after the demanding climb.

Day 5: Along the Kargiak River

- Descend from Lakhang towards the **Kargiak River at 4,050 metres**.
- Follow a scenic trail alongside the flowing river.
- Pass beautifully carved **Mani Walls**, reflecting the Buddhist traditions of the region.
- Walk through expansive high-altitude pasturelands where yaks and livestock graze.
- Watch the landscape gradually transform into greener valleys.

- Camp beside the Kargiak River and prepare for the next stage.

Day 6: Meadows of Zanskar

- Trek from **Kargiak to Tangtze at 3,950 metres**.
- Walk through lush meadows and wide barley fields surrounded by Himalayan scenery.
- Pass traditional **Stupas and Chortens** along the trail.
- Experience the traditional lifestyle and settlements of Zanskar Valley.
- Reach Tangtze campsite and relax amidst the peaceful mountain surroundings.

Day 7: Spiritual Trail to Phuktal

- Trek from Tangtze towards **Phuktal Gompa at 3,500 metres**.
- Follow a scenic route through the remote landscapes of Zanskar.
- Explore the remarkable **Phuktal Monastery**, built into a dramatic cliffside.
- Experience the serene monastic atmosphere and learn about local traditions.
- Enjoy views of the **Tsarap River** flowing beneath the monastery.
- Spend the night near Phuktal Gompa in its peaceful surroundings.

Day 8: Final Trail to Padum

- Begin the final trekking section from **Phuktal to Hanmu Village at 3,650 metres**.
- Follow the Tsarap River and pass through the traditional **Cha Village**.
- Enjoy the rugged beauty and remote settlements of the Zanskar region.

- From Hanmu, continue by vehicle towards **Padum**, the heart of Zaskar Valley.
- Visit **Mune and Bardan Monasteries** along the way.
- Reach Padum, check into the hotel and relax after the expedition.

Day 9: Scenic Journey from Padum to Leh

- Depart from **Padum towards Leh**.
- Enjoy the dramatic landscapes and changing terrain of Zaskar Valley.
- Travel through remote Himalayan landscapes on the way to Ladakh's capital.
- Reflect on the cultural, spiritual and adventurous experiences of the trek.
- Arrive in **Leh**, marking the completion of the Darcha Padum adventure.

Pickup Location

- **Manali ????? Himachal Pradesh - 12:00 PM**

Contact Information

- **Email:** support@nammatrip.in, nammatrip2026@gmail.com
- **Phone:** 9632996995, 9632881298
- **Address:** Rajaraeshwarinagar, Bangalore, 560098