



Event Itinerary

- **Event Name:** Ghepan Ghat Trek 5D/4N
- **Location:** Ghepan Ghat Trek
- **Duration:** 5 Days 4 Night

Day 1: Gateway to Lahaul: Manali to Sissu

- Begin your journey from **Manali** and travel towards the beautiful village of **Sissu**.
- Cover around **85 km** through dramatic Himalayan landscapes and high mountain roads.
- Cross the iconic **Rohtang Pass** and enjoy the changing scenery along the route.
- Stop at the peaceful **Beas Temple**, offering a scenic and spiritual break during the drive.
- Reach Sissu at around **10,235 feet** and settle into your homestay for the night.

Day 2: First Steps into the Wilderness

- After breakfast, take a **9 km drive from Sissu to the trek starting point**.
- Begin the **4 km trail towards Camp 1**, gradually entering the alpine landscape.

- Walk across open meadows while enjoying views of rocky terrain, glacial streams, and snow-covered peaks.
- Experience the peaceful and less-crowded side of **Lahaul Valley**.
- Arrive at **Camp 1, situated at 12,500 feet**, and spend the night beneath the Himalayan sky.

Day 3: Across Valleys and Mountain Streams

- Leave Camp 1 and follow a **6 km trail towards Camp 2**.
- The route takes you through a secluded green valley surrounded by impressive mountain scenery.
- Cross river streams and negotiate a combination of gradual climbs, descents, and rocky sections.
- Continue towards a grassy clearing where **Camp 2** is established.
- Settle in at approximately **12,800 feet** and enjoy a peaceful mountain evening.

Day 4: The Turquoise Wonder of Ghepan Ghat

- Set out from Camp 2 for the **8 km trek to Ghepan Ghat and back**.
- Climb over a rocky ridge before descending towards a greener section with a flowing stream.
- Pass traditional stone shelters used by shepherds during the summer months.
- Follow the river and cross rocky ridges as the trail gradually leads towards the glacial lake.
- Reach **Ghepan Ghat at around 13,600 feet**, where turquoise waters, floating ice, and mountain reflections create a spectacular view.
- Spend time beside the lake before retracing the trail to **Camp 2** for the night.

Day 5: Final Descent: Sissu to Manali

- After breakfast, begin the **10 km descent from Camp 2 to Sissu**.
- Follow grassy clearings, rocky trails, streams, and alpine meadows while enjoying your final views of Lahaul Valley.
- Reach Sissu and board the vehicle for the **85 km return journey to Manali**.
- Travel through **Rohtang Pass or the Atal Tunnel**, depending on the route conditions.
- Arrive in Manali, bringing the Ghepan Ghat adventure to an end.

Pickup Location

- **Manali Himachal Pradesh - 12:00 PM**

Contact Information

- **Email:** support@nammatrip.in, nammatrip2026@gmail.com
- **Phone:** 9632996995, 9632881298
- **Address:** Rajaraeshwarinagar, Bangalore, 560098