



Event Itinerary

- **Event Name:** Rudranath Trek 5D/4N
- **Location:** Kumaon, Uttarakhand
- **Duration:** 5 Days 4 Night

Day 0: Depart from Bangalore

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Day 1: Dehradun to Rishikesh to Sagar Village | Journey into the Garhwal Himalayas to Sankri

Drive from Rishikesh to Sagar Village – 250 km | 9–10 hours

- **Early Morning Departure:** Begin the journey from Rishikesh in the morning and head towards the remote mountain landscapes of Garhwal.
- **Scenic Himalayan Drive:** Travel through winding mountain roads while enjoying changing views of valleys, forests and surrounding peaks.
- **Devprayag Crossing:** Pass through Devprayag, where the Alaknanda and Bhagirathi rivers meet to form the Ganga.
- **Rudraprayag Route:** Continue towards Rudraprayag, witnessing the dramatic Himalayan terrain and river valleys along the way.

- **Arrival at Sagar Village:** Reach Sagar Village after the long drive and settle into the accommodation.
- **Rest and Preparation:** Take the evening to relax, freshen up and prepare your trekking essentials for the adventure ahead.
- **Overnight Stay:** Spend the night at Sagar Village and get a good rest before beginning the trek.

Day 2: Sagar Village to Panar Bugyal | Through Forests to the Alpine Meadows

Trek from Sagar Village to Panar Bugyal – 12 km | 6–7 hours

- **Morning Preparation:** Start the day with a wholesome breakfast before setting out on the trail.
- **Into the Forest:** Begin the 12 km trek from Sagar Village, gradually entering beautiful stretches of rhododendron, oak and pine forests.
- **Mandal Village:** Pass through Mandal Village and take a brief break before continuing towards the higher reaches of the trail.
- **Steady Climb:** Beyond Mandal, the route becomes steeper, requiring a consistent pace as you gain elevation.
- **Mountain Landscapes:** As the forest begins to open up, enjoy expansive views of the surrounding valleys and Himalayan mountains.
- **Arrival at Panar Bugyal:** Reach the scenic Panar Bugyal, a vast alpine meadow offering a peaceful setting and spectacular mountain vistas.
- **Camp Under the Open Sky:** Settle into the campsite, relax after the day's trek and enjoy the tranquil surroundings.
- **Overnight Stay:** Spend the night in tents at Panar Bugyal, surrounded by the beauty of the high-altitude meadows.

Day 3: Panar Bugyal to Rudranath | Trek to the Sacred Abode of Shiva

Trek from Panar Bugyal to Rudranath Temple – 10 km | 5–6 hours

- **Morning Departure:** After breakfast, begin the day's trek from Panar Bugyal towards the revered Rudranath Temple.
- **Mountain Trail:** Follow scenic Himalayan paths passing through rhododendron-covered sections, open landscapes and small mountain streams.
- **Gradual Progress:** Continue along the undulating trail, taking in the peaceful surroundings and dramatic views of the Garhwal mountains.
- **Arrival at Rudranath:** Reach the sacred Rudranath Temple and experience the serene spiritual atmosphere of this remote Himalayan shrine.
- **Temple Exploration:** Spend some time exploring the temple complex and its tranquil surroundings while taking in the beauty of the surrounding mountains.
- **Evening Aarti:** Attend the evening aarti at the temple and experience the devotional atmosphere as the day comes to an end.
- **Overnight Stay:** Settle into a guesthouse or campsite near the temple and relax after the day's trek.

Day 4: Rudranath to Sagar Village | Descent Through the Himalayan Forests

Trek from Rudranath Temple to Sagar Village – 22 km | 8–9 hours

- **Morning at the Temple:** Begin the day with the morning rituals at Rudranath Temple before preparing for the return journey.

- **Start the Descent:** Set out towards Sagar Village, covering approximately 22 km through the beautiful mountain terrain.
- **Forest Trail:** Follow the descending trail through lush forests, enjoying the peaceful surroundings and changing landscapes along the way.
- **Waterfall Stops:** Pass scenic waterfalls and natural streams, offering refreshing spots to pause and rest during the long trek.
- **Long but Rewarding Walk:** Maintain a comfortable pace as the trail gradually loses altitude, taking time to appreciate the Himalayan scenery.
- **Arrival at Sagar Village:** Reach Sagar Village by afternoon or evening after completing the return trek.
- **Rest and Refresh:** Check into the accommodation, freshen up and relax after the demanding day's journey.
- **Overnight Stay:** Enjoy a well-deserved rest at Sagar Village and reflect on the memorable Rudranath experience.

Day 5: Sagar Village to Rishikesh | Journey Back from the Mountains

Drive from Sagar Village to Rishikesh – 250 km | 9–10 hours

- **Morning Departure:** After breakfast, begin the return drive from Sagar Village towards Rishikesh.
- **Scenic Mountain Route:** Travel through winding Himalayan roads, enjoying views of forested slopes, deep valleys and mountain landscapes along the way.
- **Journey Through Garhwal:** Retrace the scenic route towards the plains while reminiscing about the trekking and spiritual experiences of the past few days.
- **Breaks Along the Way:** Take suitable stops during the long drive to stretch, refresh and enjoy the changing scenery.

- **Arrival in Rishikesh:** Reach Rishikesh by evening after completing the 250 km journey.
- **Trip Conclusion:** With your return to Rishikesh, conclude the Rudranath Trek, carrying home memorable experiences from the sacred Himalayan trail.

Pickup Location

- **RR Nagar Gopalan Arcade** - 12:00 PM

Contact Information

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