



Event Itinerary

- **Event Name:** Saru Tal Trek with Kedarkantha 8D/7N
- **Location:** Kumaon, Uttarakhand
- **Duration:** 8 Days 7 Night

Day 0: Depart from Bangalore

Depart from Bangalore

Day 1: Dehradun to Sankri | Gateway to the Kedarkantha Trails

Scenic drive from Dehradun to Sankri – 190 km | 8–9 hours

- **Early Morning Departure:** Begin the journey from Dehradun and set out towards Sankri, the gateway to the Kedarkantha and Saru Tal trekking region.
- **Breakfast Stop at Kempty Falls:** Take a refreshing break near **Kempty Falls** and enjoy breakfast while taking in the surrounding mountain scenery.
- **Through Mussoorie:** Continue the drive through **Mussoorie**, popularly known as the Queen of Hills, with beautiful views of the surrounding valleys and mountain slopes.
- **Scenic Himalayan Route:** Travel through winding mountain roads, charming villages and lush green valleys as the landscape gradually

becomes more remote.

- **Along the Yamuna:** Enjoy sections of the journey alongside the **Yamuna River**, with picturesque views of the river and surrounding Himalayan terrain.
- **Arrival at Sankri:** Reach Sankri by late afternoon and take in the peaceful atmosphere of this mountain village.
- **Check-In & Freshen Up:** Check into the accommodation, freshen up and relax after the long drive.
- **Trek Preparation:** Use the evening to organize your backpack, check essential trekking gear and prepare for the adventure ahead.
- **Dinner & Overnight Stay:** Enjoy a warm dinner at the accommodation and rest well before beginning the trek the following day.

Day 2: Sankri to Kedarkantha Base Camp | Through Forests & Juda Ka Talab

Trek from Sankri to Kedarkantha Base Camp via Juda Ka Talab – 8 km | 6–7 hours

- **Morning Trek Start:** Begin the day's adventure from Sankri after breakfast and enter the peaceful Himalayan forest trails leading towards the Kedarkantha Base Camp.
- **Into the Pine Forests:** Trek through dense pine forests, following a gradually ascending trail surrounded by towering trees and mountain greenery.
- **Passing Saur Village:** Walk through the scenic surroundings near **Saur Village**, where traditional wooden houses offer a glimpse into the local mountain lifestyle.
- **Reach Juda Ka Talab:** Continue towards **Juda Ka Talab**, a beautiful alpine lake surrounded by forest and open meadows. Take a short break and enjoy the tranquil setting.

- **Mountain Views:** As the trail gains altitude, the forest begins to open up, offering opportunities to admire distant Himalayan peaks, including views towards the **Swargarohini range** in clear weather.
- **Final Stretch to Base Camp:** Continue along the mountain trail towards Kedarkantha Base Camp, with the landscape gradually becoming more open and alpine.
- **Arrival at Kedarkantha Base Camp:** Reach the campsite after completing the day's trek and settle in for lunch and some well-deserved rest.
- **Explore the Surroundings:** Spend the evening exploring the area around the campsite and taking in the peaceful high-altitude atmosphere.
- **Evening Preparation:** Organize your trekking gear and prepare for the upcoming Kedarkantha summit section.
- **Overnight Stay:** Enjoy dinner at camp and settle into your tent for a restful night in the mountains.

Day 3: Kedarkantha Summit to Dunda Thach | Sunrise Above the Himalayas

Summit Kedarkantha Peak and trek towards Dunda Thach – 10.5 km | 6–7 hours

- **Pre-Dawn Start:** Wake up around **4:30 AM** and begin the summit push in the early hours to reach Kedarkantha in time for the sunrise.
- **Steep Summit Ascent:** Follow the uphill trail through high-altitude terrain, gradually gaining elevation as the first light begins to appear over the mountains.
- **Kedarkantha Summit:** Reach the summit at approximately **3,800 m / 12,500 ft** and take in the sweeping Himalayan panorama, with views of peaks such as **Swargarohini, Black Peak and Bandarpooch**, subject to weather and visibility.

- **Summit Temple:** Visit the small shrine associated with **Lord Shiva and Ganesha** at the summit and spend a quiet moment at this culturally significant spot.
- **Summit Experience:** Take some time to appreciate the surrounding ridges, snow-covered landscapes and vast mountain horizons before beginning the descent.
- **Descent from Kedarkantha:** Start the downhill section carefully, following the trail towards the alpine meadows and campsites below.
- **Continue Towards Dunda Thach:** After descending from the summit, continue trekking through open mountain terrain towards **Dunda Thach**.
- **Arrival at Dunda Thach:** Reach the campsite after completing the day's **10.5 km trek**, settle in and relax amidst the peaceful meadow surroundings.
- **Evening at Camp:** Enjoy the quiet Himalayan evening and recover after the demanding summit day.
- **Overnight Stay:** Have dinner at camp and rest in your tent, preparing for the next section towards Saru Tal.

Day 4: Dunda Thach to Taloti Thach | Forest Trails & Open Mountain Meadows

Trek from Dunda Thach to Taloti Thach – 11 km | 5–6 hours

- **Morning at Camp:** Start the day with breakfast at Dunda Thach and prepare for another scenic trekking day.
- **Trail Towards Taloti Thach:** Begin the 11 km trek through the quieter mountain trails, gradually moving deeper into the Himalayan wilderness.
- **Local Cultural Stop:** En route, visit a small local temple and take a moment to experience the cultural character of the surrounding

mountain region.

- **Through Forests:** Follow forested sections of the trail, surrounded by peaceful Himalayan vegetation and changing landscapes.
- **Across Open Meadows:** As the trail opens up, walk through beautiful alpine meadows with expansive views of the surrounding mountain ranges.
- **Remote Himalayan Landscape:** Enjoy the quieter atmosphere of this section of the trek, away from the busier trails around Kedarkantha.
- **Arrival at Taloti Thach:** Reach **Taloti Thach** after approximately 5–6 hours of trekking and settle into the scenic campsite.
- **Evening in the Mountains:** Take time to relax, explore the nearby surroundings and enjoy the open Himalayan vistas.
- **Overnight Stay:** Rest at Taloti Thach and recover for the upcoming trekking section towards Saru Tal.

Day 5: Taloti Thach to Saru Tal | Into the High-Altitude Lake Country

Trek from Taloti Thach to Saru Tal – 10 km | 5–6 hours

- **Morning Departure:** Enjoy breakfast at Taloti Thach and get ready for the day's trek towards the remote and scenic Saru Tal.
- **Into the Alpine Meadows:** Begin the 10 km trail across expansive alpine meadows, surrounded by open mountain landscapes and peaceful wilderness.
- **Panoramic Himalayan Views:** As you gain altitude, enjoy striking views of **Black Peak, Swargarohini and Bandarpoonch**, subject to weather and visibility.
- **Changing Mountain Terrain:** Follow the trail through open ridges and high-altitude landscapes as the surroundings become increasingly rugged and remote.

- **Approaching Saru Tal:** Continue towards the lake, with the landscape gradually revealing the beautiful high-altitude setting of Saru Tal.
- **Arrival at Saru Tal:** Reach **Saru Tal**, a pristine high-altitude lake surrounded by dramatic Himalayan scenery.
- **Camp Beside the Lake:** Set up camp near the lake and take some time to absorb the peaceful atmosphere of this remote mountain destination.
- **Evening Exploration:** Enjoy a calm evening around the campsite, appreciating the surrounding peaks, open landscapes and quiet wilderness.
- **Overnight Stay:** Have dinner at camp and settle in for the night, resting beside the serene Himalayan lake.

Day 6: Saru Tal to Taloti Thach | Retracing the Alpine Trail

Return trek from Saru Tal to Taloti Thach – 10 km | 5–6 hours

- **Morning by Saru Tal:** Wake up to the peaceful surroundings of Saru Tal and enjoy breakfast before beginning the return journey.
- **Begin the Descent:** Start retracing the trail towards Taloti Thach, following the same scenic route through the high-altitude landscape.
- **Across Alpine Meadows:** Walk back through expansive meadows, enjoying the changing mountain views and quiet wilderness along the trail.
- **Through Forest Sections:** Continue through forested stretches as the trail gradually loses altitude and the landscape becomes greener.
- **Mountain Views:** Take in one last look at the surrounding Himalayan ranges before leaving the Saru Tal region.
- **Arrival at Taloti Thach:** Reach **Taloti Thach** after approximately 5–6 hours of trekking and settle into the campsite.

- **Relax & Recover:** Spend the remainder of the afternoon resting, recovering from the trekking days and enjoying the peaceful surroundings.
- **Evening at Camp:** Unwind in the calm atmosphere of Taloti Thach and reflect on the highlights of the Saru Tal journey.
- **Overnight Stay:** Enjoy dinner and rest at camp, preparing for the next stage of the trek.

Day 7: Taloti Thach to Taluka to Sankri | Through Forests to the Valley

Trek from Taloti Thach to Taluka – 13 km | 5–6 hours, followed by an 11 km drive to Sankri

- **Morning Departure:** Have breakfast at camp and prepare for the final trekking section of the Saru Tal adventure.
- **Begin the Descent:** Start the 13 km downhill trek towards **Taluka**, gradually losing altitude as you make your way through the mountain landscape.
- **Into the Forests:** Follow well-defined forest trails surrounded by dense Himalayan vegetation and peaceful woodland.
- **Wildlife Encounters:** Keep an eye out for birds and local wildlife along the trail, with opportunities to spot **langurs** in the forested sections.
- **Scenic Descent:** Enjoy the changing scenery as the open high-altitude landscapes gradually give way to greener forested terrain.
- **Arrival at Taluka:** Reach **Taluka** around midday after completing the downhill trek and take some time to rest.
- **Drive to Sankri:** Board a taxi for the approximately **11 km drive from Taluka to Sankri**.
- **Check-In & Relax:** Arrive in Sankri, check into the hotel or accommodation and freshen up after the day's journey.

- **Evening at Sankri:** Spend the evening relaxing and reflecting on the summit, alpine meadows, Saru Tal and the experiences gathered throughout the trek.
- **Overnight Stay:** Enjoy a comfortable night in Sankri before the return journey the following day.

Day 8: Sankri to Dehradun | Journey Back from the Mountains

Scenic drive from Sankri to Dehradun – 190 km | 8–9 hours

- **Morning in Sankri:** Begin the final day with breakfast at the hotel and prepare for the return journey.
- **Departure for Dehradun:** Board the vehicle and start the approximately **190 km drive from Sankri to Dehradun**.
- **Retracing the Mountain Route:** Travel back through winding roads, picturesque villages, lush valleys and scenic Himalayan landscapes.
- **Valley Views Along the Way:** Enjoy the changing scenery as the remote mountain terrain gradually transitions towards the lower valleys.
- **Journey Reflections:** Take time during the drive to look back on the highlights of the adventure, from the **Kedarkantha Summit and alpine meadows to the serene Saru Tal**.
- **Arrival in Dehradun:** Reach Dehradun by evening and proceed to the designated drop-off point.
- **Trek Completion:** Conclude the **Saru Tal Trek with Kedarkantha**, carrying memories of the Himalayan trails, summit views and high-altitude landscapes.
- **Onward Journey:** Bid farewell to the mountains and continue with your onward travel from Dehradun.

Pickup Location

- **RR Nagar Gopalan Arcade** - 12:00 PM

Contact Information

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