



Event Itinerary

- **Event Name:** Satopanth Lake Trek 6D/5N
- **Location:** Chamoli, Uttarakhand
- **Duration:** 6 Days 5 Night

Day 0: Depart from Bangalore

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Day 1: Rishikesh to Joshimath | Journey Through the Garhwal Himalayas

Scenic drive from Rishikesh to Joshimath

- **Morning Departure:** Meet the trekking team in Rishikesh and begin the scenic road journey towards **Joshimath**, the gateway to several Himalayan routes.
- **Devprayag Confluence:** Pass through **Devprayag**, where the **Alaknanda and Bhagirathi Rivers** meet and continue downstream as the Ganga.
- **Along the Alaknanda Valley:** Continue through the mountain roads alongside the Alaknanda River, enjoying dramatic valley views and changing Himalayan landscapes.

- **Rudraprayag Stop:** Travel through **Rudraprayag**, located at the confluence of the **Alaknanda and Mandakini Rivers**, surrounded by scenic mountain terrain.
- **Karnaprayag Region:** Continue towards the **Karnaprayag** area, where the Pindar River joins the Alaknanda, adding another important landmark to the journey.
- **Arrival at Joshimath:** Reach **Joshimath**, an important pilgrimage town and a major base for trekking and mountaineering expeditions in the region.
- **Check-In & Rest:** Check into the accommodation, freshen up and take some time to relax after the long mountain drive.
- **Trek Preparation:** Organize your trekking essentials, attend the necessary briefing and prepare for the upcoming journey towards Satopanth Lake.
- **Overnight Stay:** Enjoy dinner and rest at Joshimath, ready for the adventure ahead.

Day 2: Joshimath to Lakshmi Van | From Badrinath to the Alpine Wilderness

Drive from Joshimath to Badrinath, followed by a 9 km trek to Lakshmi Van

- **Morning Departure:** After breakfast, begin the scenic drive from **Joshimath to Badrinath**, travelling deeper into the high Himalayan landscape.
- **Arrival at Badrinath:** Reach **Badrinath**, one of Uttarakhand's most revered pilgrimage destinations, surrounded by dramatic mountain scenery.
- **Trek Begins:** From Badrinath, continue towards **Mana Village**, marking the beginning of the trekking section of the Satopanth Lake adventure.

- **Explore Mana Village:** Pass through **Mana**, a historic high-altitude village near the Indo-Tibetan border, known for its unique mountain culture and traditional surroundings.
- **Trail Towards Vasudhara:** Continue on foot towards **Vasudhara Falls**, a spectacular waterfall set against the rugged Himalayan landscape.
- **Scenic Mountain Trail:** Follow the trail through changing vegetation, open landscapes and small stream crossings while gradually gaining altitude.
- **Into Lakshmi Van:** Continue deeper into the upper Alaknanda Valley, with the landscape becoming increasingly alpine and remote.
- **Arrival at Lakshmi Van:** After approximately **9 km of trekking**, reach **Lakshmi Van**, the campsite for the night.
- **Bhojpatra Forests:** Settle into the campsite surrounded by **Bhojpatra trees** and impressive high-altitude mountain scenery, with views towards the surrounding peaks and glacial terrain.
- **Evening at Camp:** Relax, enjoy the peaceful wilderness and prepare for the challenging trekking sections ahead.
- **Overnight Stay:** Rest at Lakshmi Van and recover for the next day's journey towards the Satopanth Valley.

Day 3: Lakshmi Van to Chakratirtha | Along the Alaknanda Valley

Trek from Lakshmi Van to Chakratirtha through alpine meadows and glacial terrain

- **Morning in the Mountains:** Wake up to spectacular Himalayan surroundings at Lakshmi Van and prepare for another high-altitude trekking day.

- **Follow the Alaknanda:** Begin the trek along the upper **Alaknanda Valley**, accompanied by the sound of the river and surrounded by towering mountain walls.
- **Gentle Alpine Ascent:** Continue along a gradual uphill trail through open meadows and increasingly rugged high-altitude landscapes.
- **Cross Glacial Terrain:** Carefully negotiate the terminal moraine of the **Dhano Glacier**, experiencing the raw terrain of the upper Himalayan valley.
- **Mountain Panorama:** Enjoy expansive views of the surrounding Himalayan peaks, with the **Bhagirathi range** becoming visible on clear days.
- **Reach Shastradhara:** Pass through **Shastradhara**, a scenic section known for its small cascading streams and waterfalls amid the mountain landscape.
- **First Views of Neelkanth:** As the trail progresses, catch impressive views of **Mount Neelkanth**, rising dramatically above the surrounding valley.
- **Approaching Chakratirtha:** Continue through the pristine alpine surroundings as the trail leads towards the day's campsite.
- **Arrival at Chakratirtha:** Reach **Chakratirtha**, a beautiful high-altitude camping area surrounded by expansive meadows and towering Himalayan peaks.
- **Evening at Camp:** Relax at the campsite, enjoy the peaceful wilderness and take in the changing colours of the mountains as evening sets in.
- **Overnight Stay:** Settle into camp for the night and prepare for the demanding trek towards Satopanth Lake.

Day 4: Chakratirtha to Satopanth Tal & Back | The Sacred Alpine Lake

Trek to Satopanth Tal and return to Chakratirtha

- **Early Morning Start:** Begin the day early from Chakratirtha and prepare for the most anticipated section of the Satopanth Lake Trek.
- **Towards Satopanth Tal:** Set out across the upper Himalayan landscape towards **Satopanth Tal**, a distinctive triangular-shaped high-altitude lake surrounded by dramatic mountain scenery.
- **Rugged Mountain Terrain:** The trail becomes more demanding as you encounter **boulder sections, rocky paths and moraine-covered terrain**, requiring careful footing throughout.
- **Across Alpine Landscapes:** Continue through open meadows and barren high-altitude terrain, gradually approaching the serene waters of the lake.
- **Arrival at Satopanth Tal:** Reach **Satopanth Tal**, situated at approximately **4,600 m / 15,100 ft**, and take time to appreciate its remarkable natural setting.
- **Spiritual Significance:** According to Hindu traditions, the three corners of the lake are associated with **Brahma, Vishnu and Mahesh (Shiva)**, adding a spiritual dimension to the landscape.
- **Mauni Baba Cave:** Explore the surroundings near the lake, including the small cave traditionally associated with **Mauni Baba**, a local ascetic.
- **Himalayan Reflections:** On clear and calm days, the lake can reflect the surrounding peaks, including **Chaukhamba and Neelkanth**, creating a striking alpine panorama.
- **Time at the Lake:** Spend some peaceful moments at Satopanth Tal before beginning the return journey.
- **Retrace the Trail:** Follow the same rugged route back towards Chakratirtha, taking care across the rocky and moraine sections.
- **Return to Camp:** Reach Chakratirtha after completing the round trip and relax at the campsite.

- **Overnight Stay:** Enjoy a well-earned rest beneath the Himalayan night sky, preparing for the return journey ahead.

Day 5: Chakratirtha to Badrinath | Descent Through the High Himalayas

Trek downhill from Chakratirtha towards Badrinath via Lakshmi Van and Mana Village

- **Morning Departure:** Wake up at Chakratirtha, enjoy the mountain surroundings and prepare for the descent towards Badrinath.
- **Begin the Descent:** Start trekking downhill, retracing the familiar trail towards **Lakshmi Van** through the rugged Himalayan landscape.
- **Return Through Alpine Terrain:** Walk past the meadows, rocky stretches and mountain scenery experienced during the earlier ascent, offering a final glimpse of the remote wilderness.
- **Towards Mana Village:** Continue descending from Lakshmi Van towards **Mana Village**, one of the last inhabited villages near the Indo-Tibetan border.
- **Reach Badrinath:** From Mana, continue towards **Badrinath**, an important pilgrimage destination nestled in the Garhwal Himalayas.
- **Explore the Spiritual Town:** After completing the trek, take some time to explore the surroundings and experience the peaceful atmosphere of Badrinath.
- **Visit Badrinath Temple:** Pay a visit to the revered **Badrinath Temple**, an important Hindu pilgrimage site dedicated to Lord Vishnu.
- **Relax at Tapt Kund:** Unwind with a dip in the naturally heated waters of **Tapt Kund**, traditionally considered a sacred bathing spot.

- **Evening at Badrinath:** After several days in the high mountains, enjoy a relaxed evening and the comfort of a proper stay.
- **Overnight Stay:** Rest at a **guesthouse or hotel in Badrinath**, recovering from the trek and preparing for the return journey.

Day 6: Badrinath to Rishikesh | From the Himalayas Back to the Valley

Drive from Badrinath to Rishikesh through the scenic Garhwal mountain roads

- **Morning in Badrinath:** Start the day with a relaxed morning and enjoy a hearty breakfast before beginning the return journey.
- **Begin the Drive:** Depart from Badrinath and follow the mountain roads back towards **Rishikesh**, leaving the high-altitude landscapes behind.
- **Scenic Garhwal Route:** Travel through picturesque valleys, winding roads and rivers, with numerous mountain views along the way.
- **Along the Alaknanda:** Follow the course of the **Alaknanda River**, passing through the dramatic landscapes and settlements of the Garhwal Himalayas.
- **Rivers & Confluences:** Retrace the scenic route through the river valleys and important confluence points experienced during the onward journey.
- **Reflect on the Adventure:** Use the journey back to look back on the highlights of the trek, from alpine forests and glacial terrain to the spectacular Satopanth Tal.
- **Arrival in Rishikesh:** Reach **Rishikesh** and conclude the road journey from the mountains.
- **Explore Rishikesh:** If time permits, explore popular riverside landmarks such as **Lakshman Jhula and Ram Jhula** or simply

relax by the Ganga.

- **Trek Ends:** Conclude your **Satopanth Tal Trek** with memories of remote Himalayan trails, sacred landscapes and the remarkable beauty of the high mountains.

Pickup Location

- **RR Nagar Gopalan Arcade** - 12:00 PM

Contact Information

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