



Event Itinerary

- **Event Name:** Yunam Peak Expedition 7D/6N
- **Location:** Spiti, Himachal Pradesh
- **Duration:** 7 Days 6 Night

Day 0: Depart from Bangalore

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Day 1: Manali to Jispa | Scenic Drive into the Trans-Himalayan Landscapes

- Meet the expedition team at Manali Bus Stand and begin your journey towards Jispa between 6:00 AM and 7:00 AM.
- Enjoy a scenic mountain drive as the landscape gradually transforms from green valleys into the rugged and barren terrain of the Trans-Himalayan region.
- Witness breathtaking mountain views, winding roads and changing landscapes along the route to Lahaul.
- Arrive at Jispa, a picturesque Himalayan village surrounded by dramatic mountain scenery.
- Settle into the campsite and relax in the peaceful surroundings of Jispa.

- Spend the evening enjoying the serene mountain atmosphere and preparing for the upcoming expedition days.
- Overnight stay at the camp in Jispa.

Pickup Point: Manali Bus Stand

Departure Time: 6:00–7:00 AM

Destination: Jispa

Stay: Overnight at Jispa Camp

Day 2: Jispa to Bharatpur | Journey Towards the High-Altitude Expedition Base

- Wake up early at Jispa and enjoy the peaceful morning views of the surrounding Himalayan peaks.
- Take some time to explore the campsite, breathe in the fresh mountain air and appreciate the serene natural surroundings.
- After breakfast, begin the scenic drive from Jispa towards Bharatpur, travelling through the rugged landscapes of the Lahaul region.
- Enjoy spectacular mountain scenery, barren valleys and winding high-altitude roads along the journey.
- Arrive at Bharatpur, a remote mountain location surrounded by pristine Himalayan wilderness.
- Set up camp at Bharatpur and relax in the tranquil surroundings.
- Spend the evening preparing for the upcoming high-altitude expedition and follow the team's acclimatization instructions.
- Enjoy an overnight stay at Bharatpur Camp.

Starting Point: Jispa

Destination: Bharatpur

Stay: Overnight at Bharatpur Camp

Activity: Scenic drive, mountain exploration and expedition preparation

Day 3: Bharatpur | Acclimatization and High-Altitude Preparation

- Spend the day at Bharatpur to help your body adjust to the increasing altitude and prepare for the upcoming Yunam Peak Expedition.
- Begin with a short acclimatization hike around the nearby terrain, allowing you to become familiar with the rugged mountain landscape.
- Explore the surrounding areas and, if conditions permit, walk towards nearby viewpoints for scenic Himalayan views.
- Keep the activity moderate and avoid unnecessary exertion while your body adapts to the high-altitude environment.
- Stay hydrated, take sufficient rest and follow the instructions provided by the expedition team.
- Use the day to check your trekking equipment, organize your backpack and prepare for the upcoming summit-related activities.
- Enjoy the peaceful surroundings of Bharatpur and spend the night at the campsite, ensuring you are well-rested for the next stage of the expedition.

Location: Bharatpur

Activity: Acclimatization hike and high-altitude preparation

Stay: Overnight at Bharatpur Camp

Day 4: Yunam Base Camp | Final Acclimatization and Summit Briefing

- Spend the day at Yunam Base Camp, allowing your body to acclimatize to the high-altitude environment and prepare for the upcoming summit attempt.
- Explore the nearby surroundings at a comfortable pace, becoming familiar with the rugged terrain and mountain landscape.
- Attend the expedition team's final briefing covering the upcoming route, terrain conditions, safety procedures and summit-day strategy.
- Review your mountaineering equipment and ensure all essential gear is ready for the ascent.
- Rest and relax at the base camp, giving your body sufficient time to recover and prepare for the demanding climb ahead.
- Stay hydrated, follow the expedition leader's instructions and remain attentive to any signs of altitude-related discomfort.
- Spend the evening mentally preparing for the summit challenge while enjoying the peaceful atmosphere of the Himalayan base camp.
- Overnight stay at Yunam Base Camp.

Location: Yunam Base Camp

Activity: Final acclimatization, expedition briefing and summit preparation

Stay: Overnight at Yunam Base Camp

Day 5: Yunam Base Camp | Acclimatization and Final Summit Preparation

- Spend another day at Yunam Base Camp to strengthen acclimatization and prepare your body for the challenging summit attempt.
- Explore the nearby base camp surroundings through short and comfortable walks, depending on weather and health conditions.
- Familiarize yourself with the rugged high-altitude terrain while conserving energy for the upcoming ascent.
- Attend the final expedition briefing to understand the summit route, expected terrain, safety guidelines and climbing strategy.
- Check your essential mountaineering equipment and ensure everything is properly arranged for summit day.
- Focus on hydration, adequate nutrition and sufficient rest to support your body's adjustment to the altitude.
- Spend the evening relaxing at the base camp and mentally preparing for the demanding summit challenge.
- Overnight stay at Yunam Base Camp.

Location: Yunam Base Camp

Activity: Acclimatization, final briefing and summit preparation

Stay: Overnight at Yunam Base Camp

Day 6: Yunam Base Camp to Summit | Yunam Peak Summit Attempt and Return to Bharatpur

- Begin the summit day with an early morning departure from Yunam Base Camp, starting the challenging ascent towards Yunam Peak.

- Follow the designated route through rugged high-altitude terrain, navigating steep sections and changing mountain conditions under the guidance of the expedition team.
- Continue the summit push at a controlled pace, allowing sufficient time for rest breaks and careful movement.
- Reach the summit of Yunam Peak, subject to weather, route conditions, acclimatization and the expedition leader's safety assessment.
- Spend some time at the summit, appreciating the panoramic views of the surrounding Himalayan ranges and capturing memorable photographs when conditions permit.
- Begin the descent after the summit attempt and retrace the route towards Yunam Base Camp.
- Continue the return journey from the base camp towards Bharatpur, taking necessary breaks to recover after the demanding climb.
- Arrive at Bharatpur and settle into the campsite for a well-deserved rest.
- Enjoy a farewell dinner with the expedition team, sharing experiences and reflecting on the journey.
- Rest overnight at Bharatpur after completing the challenging summit adventure, subject to the outcome of the summit attempt.

Activity: Yunam Peak summit attempt and descent

Starting Point: Yunam Base Camp

Destination: Bharatpur

Stay: Overnight at Bharatpur Camp

Important Note: Summit success depends on weather conditions, route safety, participant health and the expedition leader's decision. A safe turnaround is always prioritised.

Day 7: Yunam Base Camp to Bharatpur & Drive to Manali | Return Journey

- Wake up early at the base camp and enjoy breakfast before beginning the return journey.
- Depart from Yunam Base Camp and travel towards Bharatpur, taking time to reflect on the experiences of the expedition.
- Continue the scenic drive through the rugged landscapes of Lahaul, enjoying breathtaking mountain views along the route.
- Proceed towards Jispa, passing through high-altitude valleys and picturesque Himalayan surroundings.
- Continue the journey towards Manali, following the mountain roads through the beautiful landscapes of Himachal Pradesh.
- Arrive in Manali and check in to your accommodation, allowing yourself time to relax and recover after the expedition.
- Spend the remaining time unwinding, exploring Manali independently or preparing for your onward journey.
- Conclude the Yunam Peak Expedition with lasting memories of the high-altitude adventure and Himalayan landscapes.

Starting Point: Yunam Base Camp

Route: Base Camp ? Bharatpur ? Jispa ? Manali

Destination: Manali

Stay: Accommodation in Manali

Activity: Return drive and expedition completion

Pickup Location

- **RR Nagar Gopalan Arcade** - 12:00 PM

Contact Information

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