



Event Itinerary

- **Event Name:** Gudibande Trek with Isha Foundation Visit Bangalore
- **Location:** Gudibande, Karnataka
- **Duration:** 1 Day

Day 0: Departure from Bangalore

- The trip begins with an overnight departure from Bangalore.

Day 1: Itinerary for Gudibande Trek

- 11:30 PM: Pick up starts from Bangalore
- 04:00 AM: Reach base village of Gudibande by 4:00 AM
- 05:00 AM: Reach peak, relax and enjoy the sunrise
- 07:00 AM: Start descend after sunrise
- 08:00 AM: Have breakfast at a nearby Hotels
- 09:30AM : Reach Isha Fondation
- 11:00 AM: Head back to Bangalore

Pickup Location

- **RR Nagar- Opp Gopalan Arcade - 11:30 PM**
- **Banashankari – Bus Stop - 11:40 PM**

- **BTM – Udupi Garden Bus Stop, Near A2B** - 11:50 PM
- **Silk Board – Silicon Valley Hotel** - 12:10 PM
- **Marathahalli – Opposite to Kalamandir** - 12:40 PM
- **Tin Factory – Petrol Bunk** - 1:00 AM
- **Hebbal - Opp esteemmall** - 1:15 AM

Contact Information

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