



# Event Itinerary

- **Event Name:** Kaurava Kunda Sunrise Trek & Spiritual Experience
- **Location:** Chikkaballapur
- **Duration:** 1Day

## Day 0: Departure From Bangalore

11:30 PM Pick-up starts from Bangalore

## Day 1: Kaurava Kunda Sunrise trek and Isha foundation Trek Itinerary

- 4:30 AM : Begin the trek to Kaurava Kunda to catch the sunrise at 6:30 AM.
- 6:30 AM : Witness the sunrise at Kaurava Kunda and enjoy the panoramic views.
- 8:00 AM : Conclude the trek and start the journey back for the morning.
- 9:00 AM : Arrive at Isha Foundation and begin exploring the Adiyogi statue and the surroundings.
- 10:00 AM : Wrap up the visit to Isha Foundation.
- 10:30 AM : Commence the return journey, concluding the morning adventure.

## Pickup Location

- **RR Nagar-Gopalan Arcade, Mysore road** - 11:30 PM
- **Banashankari TTMC – Bus Stop** - 12:00 AM
- **BTM Udipi Garden Signal** - 12:15 AM
- **Silk Board Bus Stop** - 12:35 AM
- **Bellandur Central Mall** - 1:00 AM
- **Tin Factory HP Petrol Bunk** - 1:20 AM
- **Hebbal Opposite Esteem Mall** - 1:45 AM

## Contact Information

- **Email:** support@nammatrip.in, nammatrip2026@gmail.com
- **Phone:** 9632996995, 9632881298
- **Address:** Rajaraeshwarinagar, Bangalore, 560098